

The Charis High Scoop

May 17, 2021 | Vol. I

E-Newsletter

“You just don’t know it yet, but school is one of the best places in this planet to exist peacefully”.

Editorial Note

Dear Readers,

We are proud and exuberant to release the first edition of 'The Charis High Scoop' for the session, 2021-22.

In this issue, you will get a glimpse of what happened towards the end of our previous academic session (2020-21) and the latest happenings at the beginning of the new academic session (2021-22).

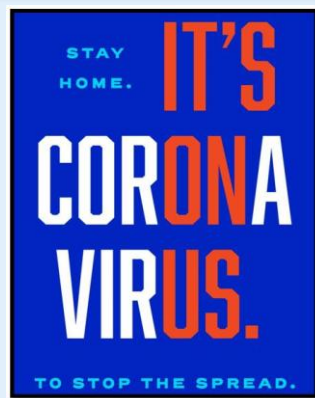
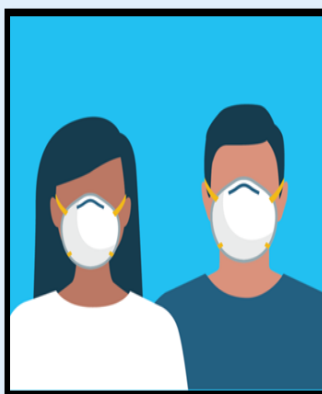
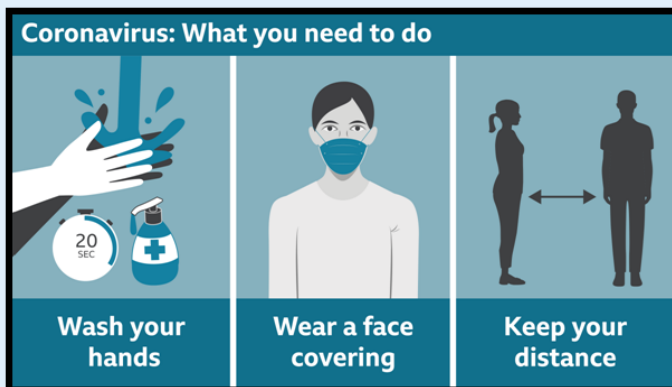
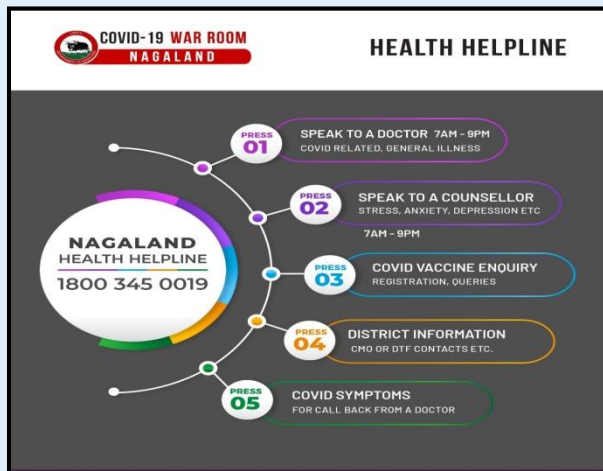
As we continue with virtual learning in the new academic session (2021-22), we would like to encourage everyone involved in the transition — students, teachers and parents — to carry on with the same spirit and zeal that was bountifully shared last session. We would much prefer to have students physically in school. However, with corona virus still lurking in the shadows, it is not advisable to do so. After all, your health is of utmost importance to us. While the national vaccine program takes off, we encourage you to keep wearing your mask, washing your hands and maintaining social distancing.

We remain grateful to all the parents and well-wishers for your priceless support and co-operation at this moment. We will not leave any stone unturned in educating our Charis family.

We look ahead with renewed hope and new life to another wonderful period of imbibing both knowledge and values and acquiring holistic education that will make us better human beings.

Stay strong, stay home and stay safe.

We wish you all a pleasant and interesting read of this issue!



LEAD School Orientation for Parents

~Ms. Areni Humtsoe

Charis High Academy conducted a two-day 'LEAD Orientation Programme for Parents' on 2nd and 3rd March, 2021. The schedule for the orientation was divided as follows:

Sl. No.	Day / Date	Time	Category
1.	02.03.2021 (Tuesday)	10:00 a.m. – 11:30 p.m.	Nursery, LKG, UKG and Class 1
2.	03.03.2021 (Wednesday)	09:00 a.m. – 10:30 a.m.	Classes 2 – 4
3.	03.03.2021 (Wednesday)	11:30 a.m. – 01:00 p.m.	Classes 5 – 9

Ms. Priyadarshani Sarkar, Regional Manager (East), from LEAD was the resource person for the orientation. She introduced the LEAD system to the parents and elaborated on how LEAD functions and how it will help students in their all round development. A variety of videos were shown to explain the LEAD pedagogical approach in the classroom. These videos were quite helpful as they were a depiction of real-time classroom scenarios from LEAD schools across the country and gave parents an idea as to how each subject is taught in the classroom as per the LEAD integrated system. She also informed the parents that they can keep track of their child's class work, home work, assignments and overall progress in each subject through the LEAD Parent app. All parents need to do is download the LEAD app and sign in with their registered mobile number provided to the school.

At the end of each orientation, there was a 'Question and Answer' session where parents' queries and concerns were addressed by LEAD and the school. All-in-all, it was a very informative session that gave parents an insight in to the LEAD programme for schools.



Parent-Teacher Meeting (PTM)

~Ms. Livi V. Achumi

The school's annual result was declared on 6th March, 2021 for Nursery to class 9. The day was filled with joy and cheers as students met with their friends and teachers after a year of online study. Parents met the class teacher, subject teachers and the special educator for a detailed feedback on the progress of their child during the previous academic session. The results of the top scorers in each class were beautifully displayed on the school notice board for everyone to see.



AWARENESS WORKSHOP ON MENTAL HEALTH

~Mr. Sorin Jagoi

Mental health is the cognitive, behavioural and emotional well-being of an individual which is as important as physical health. Taking cognizance of mental health, Charis High Academy in partnership with Serendip Guardians organised an awareness workshop on mental health for teachers on 15th March, 2021. The workshop was led by Ms. Bokatoli Sumi, Ms. Rini Ghose and Ms. Rugozevou Khate.

To lighten the mood and help teachers de-stress the mind, fun-filled games and activities were organised. After everyone had laughed their hearts out and were much relaxed, the resource persons gave a short presentation on mental health, its causes and issues related to it. During the presentation, it was highlighted that the pandemic and lockdown situation has brought a wave of mental health issues for many people around us. Yet, many are unaware of the illness and thus, fail to get help.

Mental illness—anxiety, depression, etc. is as real as any physical illness and one must give utmost care to it. The counsellors pointed out on some tips to take care of our mental health, like keeping ourselves physically active, eating well, meditating and so on. They also highlighted that stigmatisation is a hurdle towards helping people with mental health issues, and that it was alright to reach out for help.



LEAD Academic Workshop

~Ms. Areni Humtsoe

Being a competent and well-performing teacher is one of the most important resources in any educational institution. To further enhance the skills of the teachers in accordance with our new academic partner, LEAD School, a two-day 'LEAD Academic Workshop for Teachers' was organized on 25th and 26th March, 2021. The workshop was focused on subject-specific training in Math, EVS, Social Studies, Science, Hindi, ELGA (English Language and General Awareness) and CCS (Coding and Computational Skills). The resource person for the workshop was Ms. Ritika Chawla, the Academic Excellence Director for LEAD.

During the workshop, Ms. Chawla helped the teachers in understanding how the LEAD academic programme is implemented in the classroom. She also trained the teachers in using the 'teacher tablet' that is loaded with lesson plans, audio-visual resources and training material to make education fun and interesting, besides getting the students more involved in learning. On the second day of the workshop, all teachers gave a demo with respect to their subjects using the newly acquired skills. Each demo was followed by a feedback session that positively reinforced what we had learnt during the workshop.

The two-day workshop was packed with information and we enjoyed every minute. On both the days, the workshop ended with a jam session, where the teachers stretched out every single bone to the tune of Levels by Avicii. The session proved to be beneficial for all, and as the teachers apply their new skills in the teaching-learning process, it will definitely prove to be efficacious.



Back to School

~Ms. Nivili Assumi

Amid the pandemic, both parents and children were happy to be back to school, and do not wish to return to distance learning. The first day of the new session began on 12th April, 2021 with a special assembly program which was chaired by me. To lighten up the mood and bring excitement to the students and the teachers, the Praise and Worship team led by Sir Rokosakho, Sir Nahpan and Sahen Khumba (class 10) energized everyone with their enthusiasm and singing. God's blessing was invoked in our midst by Sir Nahpan through the invocation prayer which was followed by the word of God, read to us by Ms. Ruvokhrienuo Shunyu.

Next, our Principal addressed the school and welcomed everyone to the new session. He reminded everyone that although regular classes were in session, we are still not free from the threat of COVID-19. He spoke on the severity of the COVID situation and instructed teachers and students to follow the COVID-19 SOP's strictly. He also introduced the new as well as the old teachers to the students. After the Principal's address, Lhouzetonuo Shuya (class 8) captivated us with her voice by singing 'My Prayer for You'.

Next, our administrator, Mrs. C.J. Aier warmly welcomed all the teachers and students. She narrated the story of Joshua where God encouraged him to be strong, brave and obedient, and reminded us that the secret of true success, then and now, is complete obedience to God. Concluding with the powerful message that we must always believe in God no matter how or what our experiences may be. As we obey His word, He will give us the strength and courage we need to face whatever challenges come our way. The school assembly concluded with the Lord's Prayer being recited by everyone.



Immediately after the assembly, a counseling workshop on Mental Health was conducted for the students. The school invited a team from Serendip Guardians to conduct the workshop. The team members, namely, Ms. Bokatoli Sumi, Ms. Rini Ghose and Ms. Rugozevou Khate spoke to the students on Mental Health in order to create awareness and accordingly inculcate a help seeking behaviour. The start of the school year couldn't have been more refreshing and exciting.



Awareness on Special and Inclusive Education

~Ms. Moanaro Ao

An interactive workshop on 'Awareness of Special and Inclusive Education' for the teachers of Charis High Academy was held on 30th March, 2021. The resource person was Ms. Lanusongla Lemtur, President of Keystone Education Society, Dimapur.

During the workshop, Ms. Lanusongla discussed on various aspects of special and inclusive education, including social stigma, people's perception, and the role of school leadership and teachers towards improving inclusive education in schools. Teachers were given ample opportunity to express their understanding, views and challenges faced with respect to improving special and inclusive education. Towards the end of the session, all teachers were involved in an activity where they learned to tailor their classes and activities to cater to the educational needs of special children. Through her session it was clear that inclusion is beneficial for every child, and not just for children with special educational needs.



On 13th April, 2021, Ms. Lanusongla conducted another interactive session for the students of classes 3-10, sensitizing them towards the different learning abilities of students and on what inclusive education means. She motivated the students to have empathy for one another and encouraged them to inculcate a spirit of understanding and compassion for all.



Au Revoir (Batch of 2020-21)

~Ms. Nginloi Noklang

“Be strong and courageous, do not be afraid or troubled, the Lord your God is with you, wherever you go” - Joshua 1:9

The Class 10 farewell program was conducted on 23rd April, 2021. It was a beautiful morning, the sun shone with all its brilliance, the school auditorium adorned beautifully with shades of black and yellow, all eagerly waiting for the arrival of ‘the class of 2021’.

They showed up dressed in their finest clothes and illuminated with their brightest smiles, it was truly a sight to behold. They were received with an enthusiastic applause from the teachers and their juniors.

The program was hosted by Ms. Longrisangla Pongen and Ms. Nivili Assumi invoked God’s blessings in our midst. Ms. Grace Kent gave an inspirational speech on behalf of the teachers, where she encouraged the outgoing batch to discover and explore their strengths and work on their limitations. Vimeno Shuya (Class 9) enthralled the audience with her soothing voice. A speech on behalf of the students was addressed by Rokuozhatuo Mere (Class 10). This was followed by a melodious song- ‘The Family Tree’ -sung by Joshua Kent (Class 10) and Lungjing Muivah (Class 9), reminding the outgoing students that they always have a family to lean on. Sehanlo Kath, Pharin Lungleng and Kevin John gave speeches on behalf of the outgoing batch. They reminisced the times they spent together, stating that it was a roller coaster ride with lots of bitter-sweet moments. They also thanked the teachers for moulding and shaping them into better persons. Later, mementos were handed over to the outgoing batch by the present class 10 students. The Principal, on behalf of the school Administrator and the Managing Committee encouraged the students and wished them the best for all future endeavours. The program concluded with the Lord’s Prayer, followed by a photo session.



Memoirs

Wishing you much joy & happiness as you begin a new chapter in your life.



Goodbyes are not forever, are not the end; it simply means I'll miss you until we meet again.



My journey at Charis High Academy was amazing. I felt joy, challenges, and dreams of innumerable paths in a variety of ways. It was tearfully euphoric with a deep sense of contentment for a bright future. I also made amazing friends whom I will treasure forever.



~Vizoheno Khate



The school has given me great opportunities to overcome my stage fright and realize my potential. I can't resist myself from sharing the mischievous acts my mates and I have done in school. Those temporary fighting and patch up, making fun of each other, eating krishnamatar, peanuts etc. during class hours then getting caught by the teachers. I can't believe that we even prepared SINJU in the washroom. Memories which I'm going to cherish forever.

~ Pharin Lungleng

GOODBYE!



Sir Bishma's punishments were the best. Instead of beating us, he would let us do some physical exercises like sit-ups and push-ups, which, I must add, was very clever of him.

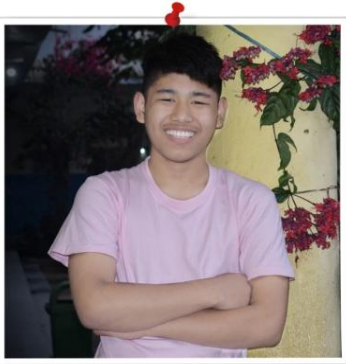
~Sehanlo Kath



I have a lot of memories connected with Charis High Academy, both good and bad. But the one memory that will always be close to my heart is the Pre-Christmas celebration of 2019. I really enjoyed that night; we danced, sang and had a great time around the bonfire. Thank you CHA for a lifetime of happiness.



~Mulashe Assumi



I was selected to take part in the Inter School tug-of-war competition. When we went to the place of the event, we had lots of fun with the other schools from the neighbouring area. We didn't win but I made a lot of friends.

~Thangazip Langhu



My experience in this school has made me learn so many things that I cannot forget or count. The students and teachers are very friendly. The teachers here are kind, sweet and lovely. I really appreciate their hard work. They try their best in all aspects to make us learn and grow. I will really miss their speeches in the assembly, and also the days when we have to climb the stairs to attend assembly. Never will I forget the lunch provided by the school especially puri, aloo and dal. In this school, I have found my true self. Thank you Charis family for making my life a better one.



~Khriezhanuo Mere



It was a hot summer day. My friends and I plucked lots of raw mangoes from the school's only mango tree. We also brought salt and chili powder from home and started to consume it during ma'am Livi's period. Our whole class was caught one-by-one. I was caught because of the folly of my bench-mate, Sehanlo, who dropped his mangoes. Later on, our Vice-Principal came and scolded us. Filled with remorse, we wrote an apology letter to Ma'am Livi.

~Visalie Kuotsu



When Ma'am Aishwarya first joined the school, I lied to her that my name is Wonchibemo and that Wonchibemo's name is Sahen. She didn't know the truth and called me Wonchi for almost a month. A very memorable month indeed!

~Sahen Khumbha



It's been four years since I joined the Charis family and I've got lots of wonderful memories which I can never forget. Some of the best memories were when we went to different places for our educational tour. In the train, we would often start playing LUDO instead of some other online games because of the poor internet reception.

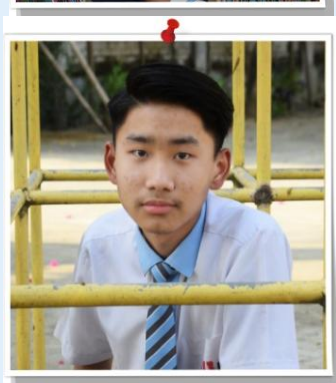


~Vikito Achumi



They say, "The best thing about memories is making them." I can proudly say that I had the best memorable time of my life in this school. I encountered people who helped me to learn beyond books and knowledge. In short, I would say that, both good and bad experience in any walk of life have their equal share of lessons.

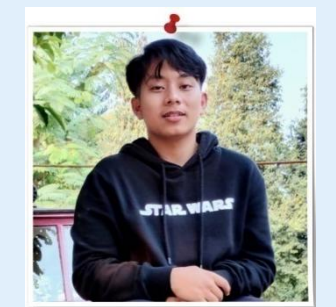
~Piben Ngullie



The most memorable experience of my schooling in Charis High Academy was when I beat boxed on Teachers' Day without any practice. My friend and I were laughing because we made many mistakes, which were unknown to the cheerful audience. So, we summed up that it was a great performance.



~Aghato Achumi



After my entrance test, I was called by the Administrator for an interview. Later, when I was taken down to the Science Lab, I was mesmerized by Mr. Bones (the model of the human skeleton). And Heaven knows how, but at the end, I ended up breaking it.

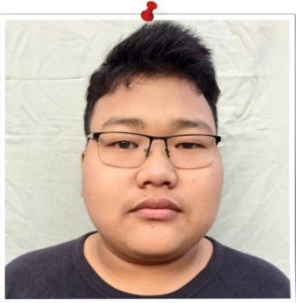
~Wonchibemo Rangthang





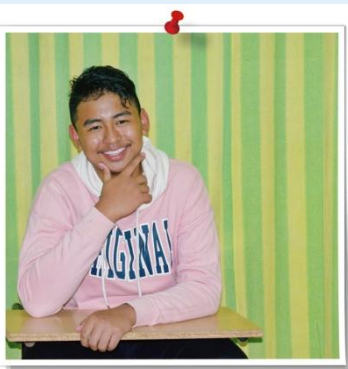
Regular "Coffee with Ma'am Administrator" (Read: Constantly getting into trouble) is something I will always remember!

~Nune Peseyie



Pre-Christmas 2018, I had to act in a musical play and I was very nervous. It was the first time in my life to perform on stage. During rehearsals, I could not do well, but my friends and teachers came forward and gave a boost to my confidence. They supported and encouraged me. That experience helped me to overcome my nervousness.

~Chubalong Jamir



During the summer of 2018, I won the first prize in a quiz competition held in the school. I was overjoyed as I won against my seniors. Then, in 2019, Nune and I won the Videography Competition on World Environment Day against so many other schools of Chumukedima.



~Kevin John



A proud moment that I will always cherish is representing our school at the 'Intach Quiz 2018'. I, along with my senior, emerged as the winner. We got the opportunity to represent our state at the National Level in Delhi. This will always be something I'd look back and smile.



~ Amunu Assumi



My school was surely a learning experience. The confidence and motivation it gave me, I couldn't get anywhere else. Most importantly, it's the place where I recognized my uniqueness and individuality. One of the greatest blessings of my school life has indeed been my friends. It has been an unforgettable journey which will remain in my heart forever. Thank you CHA!

~Jevikali Aye

Depths in Art

~Ms. Grace Kent

Art is not only a subject, but it is also a passage through which we recognize ourselves. We believe in 'imagine, draw, paint and create!' And we hope to achieve more by giving colour to people's life. The Fine Arts students (session 2020-21) have put efforts to beautify your world with their painting brush. Here is a glimpse of some of their work.



Vizoheno Khate (Class 10)



Kupuvi Achumi (Class 2)



Atenla Imsong (Class 5)



Neikerehenuo Zumvu (Class 7)



Khriezhanuo Mere (Class 10)



Shwebinlo Kent (Class 6)



Martin Lotha (Class 8)



Thepfusazo Visezo (Class 3)



Chubalong Jamir (Class 10)

Editorial Board

Ms. Grace Kent, Ms. Livi Achumi, Ms. Areni Humtose, Ms. Nginloi Noklang

*This e-newsletter is a Charis High Academy publication.